THE BABY THAT BROUGHT THEM BACK TOGETHER

# MY RELATIONSHIP. IY BEAUTIFUL BABY OY, EVERYTHING IS GOOD. I'M BLESSED'

ID MUM CLAIRE SWEENEY TELLS OK!'S CHRISSIE EVES ABOUT HER SON'S ARRIVAL, FIRST-TIME HERHOOD AT 43 AND WHY SHE'S THRILLED TO BACK WITH JAXON'S FATHER, DANIEL REILLY

reets us at the door of her beautiful varehouse-style iverpool Docks. iling as she looks -old baby boy in clear Claire, 43, has erhood like a duck y was delivered by ction in the Catherine ool Women's 8pm on September barely looked back. to the new mum. aming, and when I ted – we were like nshees! My instinct n on the lips and as I ell silent, looked into moment. It was

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course,' Claire told us back in June. 'There was no big scandal and no other women involved and then wham bam I find out I'm pregnant!' on the Monday, I went into the

It was bittersweet for former Brookside actress and TV personality Claire, because after years of trying for children and two devastating miscarriages, her to become a reality. After breaking the news to businessman Daniel - who proposed on Christmas Eve last year – following her three-month-scan, despite their separation, he vowed to support both her and the baby. However, now, six months on, Claire reveals how their 7lb 6oz son has brought her and Daniel back together and they're now closer than ever.

#### Congratulations on baby Jaxon's arrival! Tell us about the birth...

Daniel took me to hospital at 11am operating theatre at 1pm and he stayed by my side through it all. After I'd had the spinal injections done, Jaxon was born at 1.58pm and I was out of theatre by 2.30pm, but dreams of motherhood were about I stayed in hospital until the Friday where I had so much amazing care. I had the best obstetrician to deliver him called Devender Roberts. I've got the tiniest scar.

#### Why did you have a C-section?

Towards the end of my pregnancy I had a real desire for a natural birth, but I was advised to have a Caesarean because he was breech.

#### What is your first memory of Jaxon?

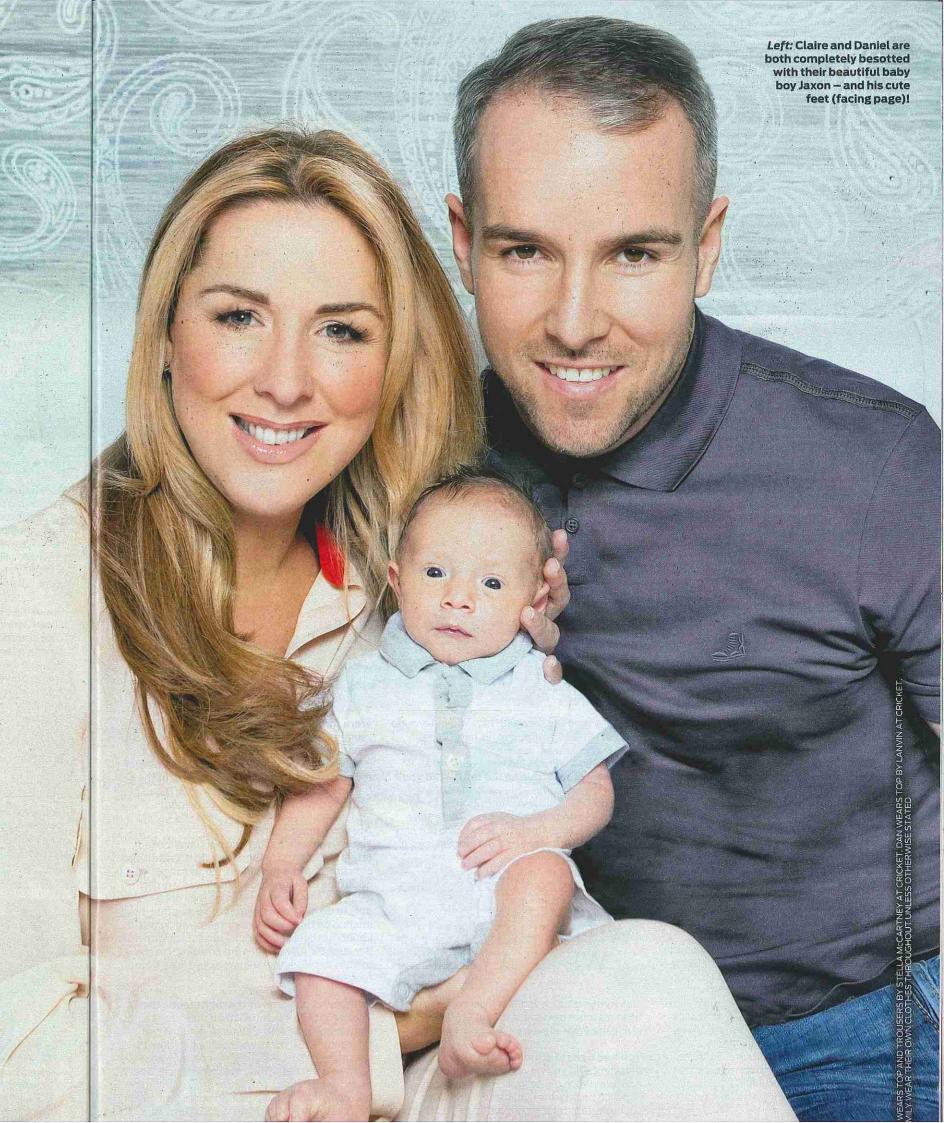
He came out screaming and when I saw him I started - we were like

> screaming banshees! My instinct was to kiss him on the lips and as I did, we both fell silent, looked into each other's eyes and it was the most beautiful moment. It was the most natural raw emotion I've ever felt: he knew I was his mum - I cry thinking about it.

#### What was Daniel doing during your Caesarean?

He was just watching. We thought about filming it all, but I wanted him to see it with his naked eye and take it all in and enjoy it. He took the most amazing photo when Jaxon was lifted out. Then he







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ine. He was more worried about nce the operation started. I was ne was brilliant and calmed me breathing exercises with me. My s the spinal injection not kicking luckily it did.

le you and Daniel closer?

together all the time now. The by and Daniel is here with me and he's fantastic. Daniel has me and looking after me. He's

#### g in your room and you're

me. He's amazing and he couldn't portive or a better dad. Having us so much closer and suddenly m. We're working together d it's like we've become a unit, liel is so hands on — he's really 's changed everything. Daniel e over my bump, that was in. I finally feel like everything is my relationship, my beautiful ling is good, I feel so blessed. I lits back from his heel-prick test

We just sat on the sofa with him, walked around and got him accustomed to his new home.

You said you were going to have Barbra Streisand playing during the birth – did you? No, but the radio was on – I was cut open to Shout by Tears For Fears, and when he came out Annie Lennox was belting out There Must Be An Angel. Then this little body came out and

this beautiful little face and the longest legs. It

## 'WE'RE WORKING TOGETHER WITH THIS BABY – WE'RE A UNIT'

was funny because Jennifer Ellison was in the hospital room next room to me! She's been giving me great advice as it's her third child.

You had a scare during pregnancy with some bleeding. Did you have any other incidents?

That was when my please the state of the state

That was when my placenta moved up, but it moved back to the right place. I was very uncomfortable and emotional in the days before

#### Were there any other dramas?

I suffered from symphysis pubis dysfunction a month before he arrived. It meant I had terrible pains walking when my pelvis was opening and my hips were getting wider to prepare for the baby. I wore a hoist belt for support and had acupuncture by Zita West which helped.

#### Are you breast-feeding?

Yes, my midwife Rachel and her team looked after me 24/7 and helped me with it. I was more concerned about the breast-feeding than I was about the Caesarean, because I was worried that I wouldn't produce enough milk or be able to do it. By day three it got so painful — he latched on but it was like someone sticking a Louboutin heel in my nipple, but I stuck with it because the advantages are amazing. I'm going to start expressing in two weeks so I can bottle feed him.

Will Daniel do some of the night feeds then?

That's the plan, because I'm up thee times a night feeding for half an hour and then it can take another 20 minutes to settle him down. One night he'll be up all night and the following night he'll be better, but I'm still getting up every three hours to feed. I'm desperately reading the books to get him sleep trained but he's not even

dark! It's tough only getting three hours a night because I love my sleep, but I've had 43 years of sleep so I've got to enjoy it. After a screaming night, the next morning I look into his eyes and my heart melts and all is forgiven.

#### So Daniel is very hands on, then?

Yes, he's been brilliant. He took him off me for a few hours this morning so I could sleep for a while. Daniel just took to nappy changing straight away and he's always there supporting me. I couldn't wish for anyone better.

#### Did he come to the final scans with you?

Yes, all of them. Then when Jaxon was born, he had skin-on-skin contact with him straight after he was delivered, that's really important. Jaxon loves to sleep on Daniel's chest, he knows his mummy and daddy now.

Did he get emotional when he met the baby? Oh my God, he's totally in love with his boy. I've

never seen this side of him because we've had no kids and he's seen a new side of me as a mum.

#### Did you suffer any baby blues?

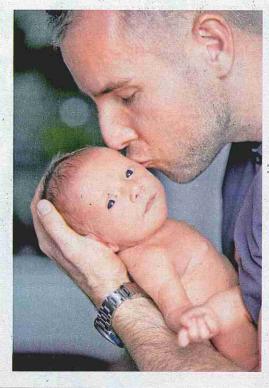
On day three I was very tearful but that was down to having six hours sleep in three days, and I was in pain from the operation. My hormones crashed, but if you breast-feed it releases another hormone, which makes you feel better and balances you out.

#### Are you still in pain?

Not really, they gave me lots of painkillers after the operation but I've just got to be careful while I'm healing, especially when I'm picking things up. I can't just go back to normal or drive for a good four weeks. But I've spent years on the go so I've got to enjoy this time off to bond with the baby because it'll soon be time to get back to work.

#### When are you going back to work?

I'm doing panto at Christmas at the Liverpool Empire. After nine weeks off, I think I'll be ready to go back to work by then. I'll have to see how the little fella is, but if I can get him sleep trained and into a routine then I'll be fine. And I start rehearsals in February for my show Sex In Suburbia which I wrote, which goes on tour in March:



#### What will you do about childcare?

Daniel will do the evenings and there's a fabulous midwife who said she'll sit with the baby in the afternoons in the dressing room, but I'm lucky because it's only two hours while I'm on stage and I'll take him with me to rehearsals. I've got a great support network of people in Liverpool.

#### Where did the name come from?

Jaxon was a name that Daniel and I chose together when I was pregnant the year before when I had the two miscarriages. I liked that it was a name we both agreed on. Then I went to Australia, heard it a lot over there and fell in love with it all over again. I love that we've double-barrelled it – Jaxon Reilly Sweeney sounds like a movie star or a president!

### You also liked the name Gabriel – was Daniel not keen?

Not really, but I just kept changing my mind — one minute I wanted Harrison, then Gabriel, which was popular with a lot of my gay friends and female friends, but my male friends weren't keen! As a joke, I wound a friend up and said I was going to call him Walton, because that's where I'm from in Liverpool, and he believed me. He then announced it on Twitter so everyone picked up on it — but it was nothing to do with Holly Willoughby's baby name of Chester.

## You said the baby would be perfect with Daniel's looks and your personality – is he showing signs of either?

He's the absolute image of Daniel. I saw a picture of him as a baby and it looks like the same baby.

Is he showing any signs of being a showbiz baby?!



my little fantasy world, he came out with s legs in the air right above his shoulders; he oked like he was doing the most marvellous gh kicks, so I was like: 'Yay!'

#### ou initially wanted a girl, has Jaxon made ou want to try for another?

od, I haven't even thought about it, I'm still this bubble of feeding, not sleeping and oking after Jaxon, so it's not a priority at the oment. It's all about him right now. He is my reything and he's enough.

#### re you going to get a nanny or night nurse help out?

Yes, I'm going to get a maternity night nurse to help him get into a routine.

## Do you feel proud when you're walking down the street with Jaxon?

I haven't been out yet because I've had major surgery and I've only been out of hospital a week. Daniel took me out for lunch yesterday but I'm healing before going out with the pram.

## Have you had lots of nice messages and gifts?

I've been spoilt by people sending me gifts and flowers and I've had so many messages on Twitter, people have been so kind and supportive. Our parents have been a fantastic support too. Our two mums get on great and they were waiting for me to come out of the operating theatre with my dad. I came out and was high as a kite from all the drugs!

## What's been the biggest change since Jaxon came along?

The feeling of selflessness and a need to protect this little precious being. It's not about me any more, it's all about looking after him and making him healthy and strong. I'm 43 and I've always done what I wanted to do without answering to anyone, and suddenly it's all about him.





e be a christening?

ve not even thought about it yet, I'm just et through the night and feeding him.

had your first alcoholic drink yet? ldn't care if I never touched another ven't missed it. I had the odd glass as pregnant but I didn't particularly m so aware of what I'm putting into my ause it comes through into my breast t want everything nice and clean and

you feel about your post-baby body?

oking at my figure now and getting a d thinking, is this it? When you have the u have an excuse! I was ten and a half fore I fell pregnant and now I'm 13 stone in so I was like, oh my God! I have two f stone to lose, but I'm still swollen after ation; it takes a few weeks to settle down, then can you get a true picture. I did

exercise when I was pregnant with Results With Bump, which helped. As long as Jaxon is healthy and I'm eating good nutrition and looking after myself, that's the important thing.

## 'I COULDN'T WISH FOR ANYONE BETTER WITH DANIEL'

Have you felt like you need more food while you've been breast-feeding?

Daniel is on paternity leave for two weeks so we've been sat watching *The Sopranos* all day! He said to me: 'Do you want a Magnum ice cream?' which is one of my favourite things in

the world, and I was like: 'Oh go on then!' I've really got to knock all that on the head!

What's your diet like?

I'm having lots of bran and flaxseed to keep me regular. Dan makes a lovely scrambled egg on toast with tomatoes for lunch and dinner is something like a piece of salmon with spinach and sweet potato.

#### Did you have any cravings while you were pregnant with Jaxon?

I thought the cravings came at the start of pregnancy, but I couldn't get enough of ayocados towards the end.

What was the higgest

The transition from going from a size 12 to a 14 and wearing maternity clothes. I went to Ascot and I thought I had a choice of several outfits in my wardrobe, and suddenly I had to buy a maternity dress; nothing fitted and my shape changed so much from being a bit heavier to having a big bump at five months. People think I'm lying when I say I loved being pregnant, though. You hear about women who are sick all the way through and my heart goes out to them—I was blessed.

Tell us about Jaxon's nursery,—what's it like? It's not really a nursery, I've got a cot and a Moses basket in our bedroom and there's a little

room upstairs for him, but my main home is in London so I'm between the two. I don't know where he'll be when I go back down to London in February.

How long have you lived in this house...

I bought it during my *Brookside* days about 17 years ago. I did it up about two years ago and it's just perfect now for the baby. I've got one bedroom upstairs that I don't really use and one bedroom downstairs — every other room is on that floor too, whereas my house in London is on four floors.

Your dad has been ill - how is he doing now?

He's had the all-clear from his lung cancer. He has one leg and they were worried they'd have to remove the other because of his diabetes, but it's okay now. It's his birthday in two weeks so he got a lovely birthday present in Jaxon!

WITH THANKS TO IZZIWOTNOT FOR JAXON'S COT AND MOSES BASKET, WWW.IZZIWOTNOT.COM; AND RESULTS WITH BUMP, A COMPREHENSIVE EXERCISE AND WELLBEING VIDEO HUB FOR EXPECTANT MUMS, RESULTSWITHBUMP.COM.

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'SEX AND SUBURBIA' GOES ON TOUR IN MARCH.

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