

**SkinCeuticals Blemish + Age Cleansing Gel £29**

"I swear by this face wash – it's not cheap but a little bit goes a long way and it lasts forever. I still get the odd breakout but it totally sorts them out, while still being gentle on my skin."



**Charlotte Tilbury KISSING Lipstick in Penelope Pink £24**

"I wear this practically every day. It's the perfect nude for my skin tone – it's natural yet still packs a punch on the red carpet, too."



**COLab Sheer + Invisible Dry Shampoo £3.50**

"Dry shampoo is a total saviour, particularly with my early starts! It also adds volume and texture, which is great for my new, short hair. This is the best I've found as it doesn't turn my dark hair grey or feel too gritty."



**Rodial Smokey Eye Pen in Brown £17**  
 "I smudge this into my upper and lower lashes for added definition. I prefer brown to black for an everyday look, to keep things natural."



**Bobbi Brown Perfectly Defined Long-Wear Brow Pencil in Saddle £30**

"As I've recently grown out my fringe I have to think about my eyebrows! This pencil makes maintaining them easy. The slanted tip helps to keep the brows natural-looking, so you don't end up block-colouring them in!"

**L'Oréal Paris Telescopic Mascara £10.99**

"One of the best mascaras I've tried – and I've tried a lot! People ask me if I've got fake lashes on when I wear it."



**BEAUTY BAG**  
**LILAH PARSONS**  
 The DJ on what gets her gorgeous



**Barry M Speedy Quick Dry Nail Paint in Dragster £2.99**

"My nails got really weak from endless gels, so I've gone back to painting them myself. I get impatient waiting for them to dry, so I love this and they do some great colours."



**Rimmel London Magnif'eyes Eye Contouring Palette in London Nudes Calling £7.99**

"Nude and bronze eyeshadow tones are my favourite. This palette goes from really subtle matte for day through to darker, shimmery colours for night."

**Benefit Hello Flawless Powder in Champagne £28**

"This is always in my handbag. It keeps shine in check, prevents make-up slipping under my eyes and gives a bit of coverage. I love the built-in brush and mirror."



**Lilah presents Capital Breakfast with Dave Berry and George Shelley. Weekdays 6am-10am, Saturdays 6am-9am @lilahparsons**

