

Be Inspired Every Day!

# Woman's Weekly

18 March 2014 92p

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This Week's Pattern



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Lorraine wants you to love Scotland as much as she does

# Lorraine's Scotland

Lorraine relives some magical memories of her homeland

Great For

## Spirited adventurers

*'It's got to be St Kilda - an archipelago so remote it's known as the 'Islands on the Edge of the World'. Being 110 miles off the mainland, the sea is so rough that the last remaining islanders finally gave up the struggle and abandoned it in 1930. A unique experience.'*



**L**ook at a map of Scotland and you see roads and rivers, towns and lochs. But when TV presenter Lorraine Kelly, does the same she sees images - vivid mind pictures from a life spent criss-crossing the country where she was born.

Take Edinburgh; that stately name conjures an instant flash of young Lorraine, dark hair flying, staggering into the dignified city on roller skates, pushing a huge, old-fashioned pram and startling passers-by.

'That was my first big charity story,' she recalls. 'I was doing a report on fund-raising for the British Heart Foundation and I thought, wouldn't it be original to roller skate from the 'heart' of East Kilbride, where I lived, to the 'heart' of Edinburgh, to raise money? Only problem was, I couldn't roller skate - well, not

well enough to skate 50 miles - so I borrowed one of those big old prams and used it to hold on to like a Zimmer frame! Even so, after 50 miles on skates I arrived completely exhausted.'

### Childhood home

To the left of Edinburgh, Glasgow draws the eye - just a city to most of us - but to Lorraine, now 54, it brings back her earliest memory of all. 'I'm standing outside our 'single end' one-room flat in the Gorbals,' she says, 'wearing a woolly hat. To this day, I can remember how dead scratchy that hat felt on my head. I can only have been about two and a half and at the time we were living in just one room, with a bed in a recess in the wall and an outside loo, in probably the toughest area in town.'

'Soon after we moved to Bridgeton, where we had a

## Woman's Weekly Travel



Mallaig brings back memories of long family drives on the old road

proper bedroom and an indoor toilet. Very posh! Even so we all shared the one bedroom – Mum and Dad in a double bed and me and my brother, Graham, in bunks. There was no hot water but we didn't feel deprived.'

These days, Lorraine spends the bulk of every week in central London, beaming out her TV shows, *Daybreak* and *Lorraine*,



### Great For Loved-up romantics

'Mains Castle in Dundee is small and friendly. I walked up the aisle to a piper playing and a Highland battle re-enactment group formed a guard of honour.'

from ITV's studios – yet much as she loves the bustle of the UK's capital, her heart remains in Scotland. Each weekend she can't wait to fly back to her husband, Steve, and daughter, Rosie, at home in Dundee.

### Revisiting old haunts

So when she was asked to produce a book about the place she loves, Lorraine seized the opportunity and after a year's work, *Lorraine Kelly's Scotland* is about to hit the bookshelves.

'Steve and I spent months last year revisiting our favourite places or travelling to areas we'd always wanted to see but hadn't yet managed to reach,' says Lorraine, 'I researched the history and Steve, who's a cameraman, took the pictures.'

In a way it was just like old times for the couple who met when they worked together at *TVam*'s tiny studio in Glasgow.

They married in September 1992 at Mains Castle in Dundee – the sight of the city on the map can't help but summon up memories of their wedding day.

Twenty-two years have passed since then, during which time the family lived in England for a while before returning and settling just outside Dundee.

'While we were researching the book, we noticed some changes of course,' says Lorraine, 'One of the most dramatic to me was the road from Glasgow to Mallaig. When I was child, we

used to drive there to catch the ferry to the islands for holidays. It was a long way and back then it was only a single-track road. It seemed to take hours and hours and Graham and I got so bored in the back of the car. We must have driven our parents mad with our constant: Are we nearly there yet? I couldn't believe that now you can do the same journey in about a quarter of the time.'

'We also went back to chocolate-box pretty Tobermory, on the Isle of Mull. I first went there with my parents for a day trip on the ferry from Oban when Graham was just a baby. It rained the whole day then, but this time we were lucky. The rain held off for Steve's picture.'

❖ *Lorraine Kelly's Scotland*

(£18.99, Bantam Press) is out now.

❖ For travel information, check out [visitscotland.com](http://visitscotland.com)



## Why you'll love...

# Berlin

Woman's Weekly Editor, Diane visited the German capital

### Where I went...

Berlin isn't pretty but it is fascinating. Its compact centre and efficient transport system make it easy to get around and an ideal destination for a long weekend. I never go to a new city without doing one of the hop-on-and-off bus tours, so I'd recommend that.

### What I did...

Highlights were the Holocaust Memorial, the East Side Gallery (the longest surviving stretch of the Berlin Wall, not a building), the remarkable Topography of Terror exhibition and the Bundestag, the German parliament, where you need to book in advance to tour the Norman Foster-designed dome.

### Where I stayed...

Casa Camper, an ideally located, modern, comfortable, friendly

hotel with a restaurant offering delicious snack-style food, 24 hours a day, for no extra cost.

### What I ate...

A shamefully large amount of the tasty breakfast and tempting snacks in the hotel restaurant. The food in the revolving restaurant at the top of the TV Tower isn't cheap, but the views over the city at night are worth it.

See the Bundestag's dome



Feature: Linda Dearsley. Photos: Alamy, 4Corners Images



### Great For Fun-loving families

'I love visiting my student daughter, Rosie, in Edinburgh. It takes me back to my own days as a student there. With its castle, ridiculous number of museums and the impressive green hill of Arthur's Seat, it's a great place to let off steam.'